

PRE-GAME – APPETIZERS

Triple Play

Breaded pickle spears, breaded slices of jalapeños, and bacon cheeseburger spring rolls make this a great triple play and great for sharing. Comes with triple dips as well: sour cream, sweet chili sauce and ranch. **14.99**

Bacon Cheeseburger Spring Rolls

A classic case of East meeting West but you have to try it to believe it. Bacon, cheese, lean ground beef wrapped in a spring roll. Served with two dips: a jalapeño honey mustard and a sweet chili ketchup. **7.99**

Load them up with sour cream, bacon bits and green onions for only \$1.99 more.

Singapore Lettuce Wraps

Build your own lettuce wraps. We give you the following: crispy slices of chicken breast tossed with our sweet chili sauce, crisp noodles, carrots, cucumber, cilantro, crushed peanuts, and sesame seeds as well as fresh iceberg lettuce cups so you can do your own thing. **9.99**

Spicy Popcorn Chicken

Breaded bite size chicken served with your choice of the following sauces: Mild, medium, hot, suicide, honey garlic, Cajun, sweet heat or fiery Thai. **8.99**

Gourmet Potato Skins

Freshly baked potato skins scooped and filled with cheddar cheese, diced tomatoes, green onion and bacon. Served with sour cream for dipping. **8.99**

Crispy Yam Fries

Tasty yam fries served with our own special garlic aioli dip. **7.99**

Cheesy Cheddar Garlic Bread

Garlic butter, mozzarella, jack and cheddar cheese all served on toasted ciabatta bread. **7.99**

Three Cheese + Artichoke Dip

Spinach, artichoke hearts, red onion in our three cheese sauce. Served with sour cream and warm pita chips. **11.49**

Front Row Wings

They made us famous. Your choice of suicide, hot, medium, mild, honey garlic, Cajun, sweet heat and our all new fiery Thai sauce, sweet chilli sauce and Rickard's dark maple chipotle sauce. **11b 12.99**
21b 21.99

Antijitos

Sundried tomato tortilla filled with our special spicy blend of cream cheese and diced jalapeño, baked in the oven till soft, hot and golden. Served with a spicy sweet chili dip. **8.99**

Ultimate Front Row Nachos

Crispy tortilla chips with lots of melted jack and cheddar cheese, chopped tomatoes, onions, peppers topped with vegetarian bean chili make this Waterloo's pick for the city's best nachos. **13.99**
Add chicken or beef for 3.99

THE POUTINERIE

Spicy Sausage Poutine

Our fresh fries topped with cheese curds, our delicious rich homemade gravy, chorizo sausage and cajun ranch. **7.99**

The Piggy Back Poutine

Fresh cut fries topped with cheese curds, BBQ pulled pork and a BBQ gravy. **7.99**

CBT Poutine

Fresh cut fries loaded with chicken, bacon, tomato, cheese curds and our rich gravy. **8.79**

The Routine Poutine

Fresh cut fries, cheese curds and our rich homemade gravy. **7.49**

QUESADILLAS

Our quesadillas come with choice of side salad.

Roasted Cheese Quesadilla

Chipotle flavoured tortillas filled with Tex-Mex jalapeño cheese, corn, diced green onion and tomato. Served with sour cream, fresh salsa and side salad. **10.49**

Roasted Chicken + Cheese Quesadilla

Marinated chicken breast, tomatoes, green onions, corn, jack and cheddar cheese grilled in chipotle flavoured tortillas. Served with salsa, sour cream and side salad. **13.49**

LIGHT WARM-UP – SALADS + SOUPS

Soup of the Day

Each day Garet, our chef offers a fresh soup made here just for you. **4.59**

French Onion Soup

Hearty broth with lots of sautéed onions, sherry and a focaccia toast topped with lotsa mozza cheese. **5.99**

Cobb Salad

Char-grilled chicken breast, smoked ham, boiled egg, black olives, cucumber, tomato, red onion, jack and cheddar cheese on fresh greens. Served with your choice of dressing **12.99**

Simple Green Salad

Fresh mixed greens, cherry tomatoes, cucumbers and radishes. Tossed with a honey balsamic dressing. **6.99**

Roasted Garlic Caesar Salad

Fresh roasted garlic, crisp romaine, shaved parmesan, fresh bacon all tossed in our signature Caesar dressing. **Small 6.99**
Large 8.99

Steak and Goat Cheese Salad

Marinated sirloin steak, goat cheese and tomatoes on fresh greens. Served with sundried tomato dressing, topped with Bermuda onion. **13.99**

Sante Fe Chicken Salad

Fresh avocado, black beans, roasted corn, dates and fresh mixed greens all tossed in a peanut lime vinaigrette then topped with strips of crispy tortilla as well as strips of grilled Cajun chicken breast. **13.99**

THE HEROES – SANDWICHES + WRAPS

All of the Heroes are served with a choice of fresh cut fries or a side salad.

California Chicken Sandwich

Grilled breast of chicken basted while cooking with a BBQ sauce then topped with a fresh avocado and pea sprout salad then served on an artisan bun topped with pesto mayo. **11.89**

Buffalo Chicken Sandwich

Breaded chicken breast tossed in mild, medium, hot, honey garlic or super hot sauce and served on a fresh grilled organic bun with pickle, onion, lettuce and tomato. **10.75**

Rickard's Red Pulled Pork Sandwich

Slow roasted with Rickard's red and other goodies until very tender. Then we toss in our special BBQ sauce put it on an organic artisan bun with caramelized onion and finish with a tangy slaw. **9.49**

The Beef Dip

Fresh roasted beef served warm with sautéed onions on a toasted artisan French roll. Served with au jus for dip and infused horseradish for those who dare. **10.99**

Buffalo Chicken Wrap

Breaded boneless chicken breast tossed in your choice of BBQ sauce, wrapped in a fresh warm tortilla with shredded lettuce and tomato. **9.99**

The Traditional Club

A hearty triple decker sandwich filled with bacon, cheddar cheese, fresh grilled breast of chicken, tomato, lettuce and mayo. **11.99**

Crispy Chicken Club Wrap

Whole wheat tortilla filled with crispy breaded chicken breast, crisp applewood smoked bacon, tomato, lettuce and chipotle ranch dressing. **11.49**

Cajun Halibut Burger

Fresh halibut in a light tempura batter with Cajun mayo, Cajun coleslaw and fresh tomato on a toasted organic bun. Incredible sums this one up. **13.49**

Steak Sandwich

6 oz. steak grilled the way you liked it and served on grilled baguette with garlic butter then topped with sautéed mushrooms and onions. **12.99**

HEAVY HITTERS – PRIME RIB BURGERS

Add any of the following for 1.49 each, aged cheddar cheese, applewood smoked bacon, sautéed mushrooms.

The Double Fisted Bacon Cheeseburger

Indulge in this delicious prime rib burger with our spice rub, bacon, melted cheddar cheese, sundried tomato mayo, lettuce, tomato, red onion and pickle. Served with fries on a fresh organic Grainharvest Breadhouse Farmer bun. **12.99**

The New Yorker

Our 1/2 pound of fresh prime rib burger served on a toasted bun topped with beer battered onion rings, roasted garlic aioli, red pepper relish, aged white cheddar as well as fresh lettuce and fresh cut fries. **13.99**

The Gourmet Prime Rib Burger

Our delicious ground prime rib beef grilled and topped with Swiss cheese, applewood smoked bacon, BBQ sauce, onion straws, pea sprouts, lettuce, beefsteak tomato on a fresh organic Grainharvest Breadhouse Farmer bun. Served with sweet potato fries **13.99**

The Prime Rib Burger

Fresh ground prime rib grilled to perfection making this the juiciest, burger you have ever tasted. Served on a fresh organic Grainharvest Breadhouse Farmer bun with fresh crisp lettuce, tomato, pickle and Bermuda onion. **10.99**

Served with fresh cut fries.
Substitute sweet potato fries for 1.25

ALL STARS – PASTAS + STIR FRYS

Italian Chicken Pasta

A parmesan/asiago crusted breast of chicken served atop our bowtie pasta that has been tossed with sundried tomatoes in our fresh creamy alfredo sauce. **15.99**

Crunchy Thai Stir Fry

Our #1 best seller. Strips of fresh chicken breast dusted on our Thai breading atop eleven different vegetables in a spicy Thai sauce and steamed chow mein noodles. **17.49**

Vegetable Stir Fry

Eleven fresh vegetables including mixed peppers, bok choy, carrots, zucchini, mushrooms and Bermuda onion to name a few. Stir fried together in your choice of sweet chili sauce, teriyaki or spicy Thai sauce and served over a bed of chow mein noodles. **13.29**

MVP'S – FRONT ROW SPECIALTIES

Chicken Parmigiana

A lightly breaded breast of chicken sautéed then topped with our house-made marinara sauce as well as oven melted mozzarella and parmesan cheese. Served with our bowtie pasta tossed in our fresh alfredo sauce. **15.99**

English Style Fish + Chips

Two pieces of tempura battered haddock cooked until golden and delicious. Served with fries as well as our tangy cole slaw. **13.49**

Chicken Stir Fry

Marinated grilled breast of chicken served over our delicious eleven vegetable stir fry. Tossed with your choice of sweet chili sauce, teriyaki or spicy Thai sauce. Served on a bed of steamed chow mein noodles. **15.99**

Fresh Chicken Tenders

We take strips of fresh chicken breast and dip them into buttermilk, special seasonings and then cook until golden. Served with plum sauce and fries because anything else wouldn't be right. **12.89**

Steak Sandwich

6 oz. steak grilled the way you liked it and served on a grilled baguette with garlic butter then topped with sautéed mushrooms and onions. **12.99**

DESSERTS

Hot Fudge Brownie Sundae

Our fresh baked brownie topped with French vanilla ice cream and hot fudge. Whip cream upon request. **5.99**

Sundaes

Your choice of a simple sundae in chocolate or caramel flavours. **4.99**

Chocolate Lava cake

A delicious warm chocolate soufflé oozing hot fudge and served with French vanilla ice cream. **6.99**

White Chocolate Macadamia Ice Cream Cookie Sandwich

Fresh baked cookies stuffed with French vanilla ice cream – decadent. **5.99**

The Budino

A fabulous tasting combination of chocolate cookie crumbs, homemade butterscotch pudding, topped with salted caramel and a dollop of crème fraiche. **5.99**

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The FrontRow has FREE Wi-Fi.

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restaurant+sports bar

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